

# NEWS RELEASE



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## For Immediate Release

### **WALLACE PARHAM RETURNS TO HALIFAX REGIONAL**

*New Food & Nutrition Manager Emphasizes Healthy Eating*

**ROANOKE RAPIDS, NC (October 9, 2009)—Halifax Regional’s new Food and Nutrition Manager is not new to Halifax Regional.**

Wallace Parham has fond memories of his first assignment in food services back in 1997 when he was Assistant Manager of Food and Nutrition Services at Halifax Regional.

“I am excited to have the opportunity to return to the Roanoke Valley,” says Parham. “This is a warm and friendly community, and I hope to make a positive contribution to the area.”

At Halifax Regional, Parham is offering a wider variety of food in the cafeteria. “Healthy food can taste great,” he says. His staff is preparing foods in different ways to make them healthier.

“My responsibilities include educating employees at the Medical Center and the community on healthy eating,” Parham says. “You can change the technique of cooking and have healthy food that tastes just as good.

“Our goal is enjoyable dining experiences at affordable prices,” he adds. Both the cafeteria at Halifax Regional and the snack shop, named STAT, are open to the public.

Parham plans to develop educational programs for the community and become involved in community activities himself.

Parham joins Halifax Regional from Martinsville, Virginia, where he was Food and Nutrition Services Manager at Memorial Hospital of Martinsville and Henry County. He has 12 years experience in food service.

Parham also has worked in food service at several airports, including those in Washington and Atlanta. He is an employee of Sodexo, Inc., a national company that specializes in managing food service in healthcare, military and government facilities.

He is a graduate of West Virginia Wesleyan College and an avid sports fan.

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#### **About Halifax Regional**

Halifax Regional Medical Center is licensed for 206-beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit [www.halifaxregional.us](http://www.halifaxregional.us).