

# NEWS RELEASE



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**For Immediate Release**

## **LORI MOSELEY NAMED CHILDBIRTH EDUCATOR AT HALIFAX REGIONAL**

**ROANOKE RAPIDS, NC. (September 30, 2010)—Lori Moseley, RN, has been appointed Childbirth Educator in The Birthing Center at Halifax Regional.**

Moseley will teach “Prepared Childbirth” classes for expectant parents on week nights and on weekends. The next series begins Monday, October 25 and meets on November 1, 8 and 15 as well. The next weekend class is November 13. The fee is \$40 for each class. Registration can be completed at [www.halifaxregional.org](http://www.halifaxregional.org).

“The class focuses on the process of labor and delivery, the post partum period, and newborn care,” said Moseley. “The topics include relaxation and breathing techniques and comfort measures.”

“Lori is a caring nurse who understands the importance of education for the expectant parents,” says Amy Joseph, RN, manager of The Birthing Center. “She is a highly trained and experienced nurse who enjoys teaching.”

Moseley has worked in The Birthing Center since 1991. She is a graduate of UNC-CH and earned her degree in nursing from Halifax Community College.

Halifax Regional also conducts a Breastfeeding Support Group, which meets from 3 to 4 p.m. on Tuesdays at Halifax Medical Plaza.

For more information on childbirth education, visit [www.halifaxregional.org](http://www.halifaxregional.org) and click on The Birthing Center.

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### **About Halifax Regional**

Halifax Regional Medical Center is licensed for 204 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit [www.halifaxregional.org](http://www.halifaxregional.org).