

NEWS RELEASE



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For Immediate Release

HALIFAX HEALTHLINK OFFERS SPECIAL PRICE FOR NEW MEMBERS IN AUGUST

ROANOKE RAPIDS, NC. (July 27, 2009)—Halifax HealthLink, the fitness center of Halifax Regional, is offering a special price for new members in August.

The August fee is \$25 for new members. Fees for an individual membership normally are \$39. Family memberships normally are \$75.00.

“This is a one-time price designed to encourage adults and children to commit to a regular exercise program as we all begin to prepare for back-to-school time,” said Jackie Cieslinski, HealthLink coordinator.

Halifax HealthLink offers members individual and group exercise with a wide range of equipment and supervision, health screenings such as blood pressure, and oxygen levels and health information.

“Unlike traditional gyms, HealthLink has licensed professionals to supervise our members during their exercise,” Cieslinski added. “We are committed to improving the health of our members.” The staff also assists members in obtaining information on health topics.

For information, contact Cieslinski at 535-4334 or jcieslinl@halifaxrmc.org. HealthLink, a community service of Halifax Regional, is in Becker Village Mall. It is open from 7 a.m. until 6 p.m. Monday through Friday.

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About Halifax Regional—Halifax Regional Medical Center is licensed for 206 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit www.halifaxregional.us.